



Foot & Ankle Center, P.C.

Name: _____ Birthdate: _____ Today's Date: _____

Family Physician: _____ Are you a diabetic? Yes No

Please check any of the following conditions you are currently experiencing or suffering from:

- | | |
|---|---|
| <input type="checkbox"/> Flat Feet | <input type="checkbox"/> Pain in feet getting out of bed |
| <input type="checkbox"/> Poor Coordination | <input type="checkbox"/> "Toe-in" or "Toe-out" gait (walking) |
| <input type="checkbox"/> Heel or Arch pain | <input type="checkbox"/> Pain or fatigue of feet or legs in activity |
| <input type="checkbox"/> Leg pain (shin splints) | <input type="checkbox"/> Ankle instability (easy twisting injuries) |
| <input type="checkbox"/> Achilles tendon pain | <input type="checkbox"/> Difficulty/pain with brisk walking or running |
| <input type="checkbox"/> Discoloration of toes/foot | <input type="checkbox"/> Pain in legs occurs at the same distance everytime |
| <input type="checkbox"/> Ankle swelling or stiffness | <input type="checkbox"/> Coldness in the legs or feet that is uncomfortable |
| <input type="checkbox"/> Pain in feet or legs with exercise | <input type="checkbox"/> Non/Poor healing sore on leg or foot |
| <input type="checkbox"/> Foot/Toes/Legs Burn | <input type="checkbox"/> Feet/ Toes feel numb |

Please answer the following about the above conditions:

Do the above conditions disrupt your lifestyle and activities of daily living? Yes / No

Is this condition causing or are you suffering with any of the following:

- | | | | |
|---|---|---|-----------------------------------|
| <u>Tingling/Numbness in:</u> | <u>Pain radiating into:</u> | <u>Weakness of the:</u> | <u>Difficulty with:</u> |
| <input type="checkbox"/> Legs R/L Both | <input type="checkbox"/> Ankle R/L Both | <input type="checkbox"/> Legs R/L Both | <input type="checkbox"/> Standing |
| <input type="checkbox"/> Ankle R/L Both | <input type="checkbox"/> Feet R/L Both | <input type="checkbox"/> Ankle R/L Both | <input type="checkbox"/> Walking |
| <input type="checkbox"/> Feet R/L Both | <input type="checkbox"/> Toes R/L Both | <input type="checkbox"/> Foot R/L Both | <input type="checkbox"/> Sitting |
| | | | <input type="checkbox"/> Bending |
| | | | <input type="checkbox"/> Lifting |
| | | | <input type="checkbox"/> Kneeling |

How long have you been suffering with this condition? Days / Weeks / Months / Years

Is this condition affecting your ability to perform daily tasks? Yes / No

Would you like to get rid of or reduce this problem? Yes / No

There may be treatment options or solutions for the pain you are experiencing. Please let us know what you would like to do at your first visit.

I would like to first only discuss the above conditions with the doctor so that I can make an educated decision about my health before receiving treatment.

If time is available; I would like to receive treatment for my condition at my first office visit.

I am open to having additional testing performed by another specialist if necessary to treat my condition.

Patient or Guardian Signature

Date

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